

The importance of establishing swallowing norms and how these can be translated clinically

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Catriona M. Steele, Ph.D., CCC-SLP, S-LP(C), Reg. CASLPO, F-ESSD, ASHA Honors, is a clinician scientist specializing in swallowing and swallowing disorders. She is Director of the Swallowing Rehabilitation Research Laboratory at the KITE Research Institute, Toronto Rehabilitation Institute – University Health Network, and a Professor at the University of Toronto. Dr. Steele holds a Canada Research Chair in Swallowing and Food Oral Processing. A founding member of the International Dysphagia Diet Standardisation Initiative, she served on its Board from 2012-2023. She is the 2024-2025 President of the Dysphagia Research Society.